

Mr Srinivasalu Bathala

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SB/CAM/10761990

Clinic Date: 07 January 2025
Clinic Typed: 13 January 2025

Dr J N Clarke
Padgate Medical Centre
12 Station Road
Padgate
Warrington
Cheshire
WA2 0RX

Dear Dr Clarke

Re: Mrs Valerie GUILERA-LLOPART - dob 18/03/1946
6a Orchard Street Warrington Cheshire WA2 0PL

Diagnosis:

- 1. Benign paroxysmal positional vertigo.**
- 2. Right peripheral labyrinthine dysfunction.**

Management:

- 1. Would require MRI scan, IAM and brain.**
- 2. Epley's manoeuvre performed.**
- 3. Vestibular rehab exercises issued to start after six weeks.**

I reviewed Mrs Guilera-Llopart with history of positional vertigo, particularly when she turns to the left side. She also gives history of fuzzy head. She had a bad bout of vertigo associated with nausea in the month of August 2024. She denies any other ear symptoms or upper aero digestive symptoms. I am led to believe she had an MRI neck which did not reveal any evidence of significant spine problem contributing to her vertigo.

On examination both the tympanic membranes are intact with an intact facial nerve. No evidence of spontaneous or gaze evoked nystagmus. Romberg's was negative, on Unterberger's she was completely drifting to the right side. I performed a Dix-Hallpike manoeuvre which was positive on the left side, hence I proceeded with an Epley's manoeuvre. She would benefit from an MRI of IAM and brain as her symptoms are quite persistent for the last six months time.

Cont/...

As she is a self-paying patient she would prefer this to be done via NHS route. I would be grateful if you could kindly organise this on NHS pathway. I have issued her a leaflet on vestibular rehab exercises and advised her to do this after six weeks and ensure there is a responsible adult when she does these exercises.

Yours sincerely

Mr Srinivasalu Bathala FRCS, FBE (ORL), M. PHIL, MS (ENT)
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