

# **Pain Management Wellbeing Drop In Event**

**Are you suffering from ongoing chronic pain?**

**Do you want to feel more in control of your condition?**

**Do you want to improve your health and wellbeing?**

 **Tuesday 9th April 2024**



**Drop in anytime between 2pm—6pm**



**Padgate Community Centre,  
Station Road, Padgate, WA2 0QS**



**Come and join the team from the Padgate and Fearnhead Cross Medical Centres, and find out how we can support you to better manage your pain and improve your health and wellbeing**

- Lifestyle checks available on the day**
- Talk from Pain management Consultant/GP**

**Padgate Medical Centre  
Fearnhead Cross Medical Centre**