

# Talking Well in Birchwood

Come along for a brew and a chat to find out about support, activities and events in your neighbourhood.

**Thursday Mornings 10am - 12 noon**

9 and 16 December 2021

6, 13, 20 and 27 January 2022

at Encounter Centre, Birchwood, WA3 7PJ

*Help  
around  
the home*

*Carer  
support*

*Health and  
wellbeing  
support*

*Getting  
out and  
about*

  
**Living Well**  
in Birchwood  
Connecting people and places